

# Strawberry Mint Soda



Name: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Score \_\_\_\_\_

## WORKSHEET-1

### INGREDIENTS

Serves: 5 people



2 large limes, quartered



1/2 bunch mint leaves



7 strawberries, quartered



1 cup white sugar



3 cups carbonated water

### METHOD OF PREPARATION

Prep Time:10 Min | Ready In:10 Min

1. Squeeze the lime quarters into a sturdy glass pitcher.
2. Toss the juiced limes into the pitcher along with the mint, strawberries, and sugar.
3. Crush the fruits together with a muddler  to release the juices from the strawberries and the oil from the mint leaves.
4. Stir in the club soda until the sugar is dissolved.
5. Pour into the sugared glasses containing ice cubes and serve.

### Nutritional Information

Amount per Serving Calories: 111 | Total Fat: 0.1g | Cholesterol: 0mg

**Refer the given recipe to answer the following questions:**

- (1) What type of water is used in this drink?  
(A) Running      (B) Tap      (C) Carbonated    (D) Mineral
- (2) How many ingredients are used to prepare this drink?  
(A) Five      (B) Four      (C) Three      (D) Two
- (3) In which form is strawberry required to make this drink?  
(A) Sliced      (B) Chopped      (C) Grated      (D) Quartered
- (4) How many people can be served with this drink as per the quantity of the ingredients given?  
(A) Six      (B) Five      (C) Four      (D) Three
- (5) What is tossed with mint, strawberry and sugar?  
(A) Mint juice      (B) Sugar syrup  
(C) Lime juice      (D) Strawberry juice
- (6) What is used to release juice from strawberry?  
(A) Pitcher      (B) Muddler      (C) Squeezer      (D) Cubes
- (7) How much total time does it take to make this drink?  
(A) 10 min      (B) 20 min      (C) 30 min      (D) 40 min
- (8) What amongst these is not included in the Nutritional Information?  
(A) Calories      (B) Cholesterol      (C) Oil      (D) Fat
- (9) How many calories are present in single serving of this drink?  
(A) 101      (B) 105      (C) 100      (D) 111
- (10) How much carbonated water is required to make a single serving of this drink?  
(A) Less than one glass      (B) More than one glass  
(C) One glass      (D) Two glasses

### Answer keys worksheet–1

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(1) (C)  
(2) (A)  
(3) (D)  
(4) (B)  
(5) (C)

(6) (B)  
(7) (B)  
(8) (C)  
(9) (D)  
(10) (A)